

of reaction to the corticosteroid medication. There is a slight risk of infection but is very rare.

If you have diabetes, the steroid injection can elevate your blood sugar level.

If you have an active infection, steroid injections are not recommended as they can suppress the body's natural ability to fight infection.

Steroid injections are generally not recommended for people with blood clotting disorders.

All patients administered steroids should fill out the attached form and return at next visit.



Pain Scale Score

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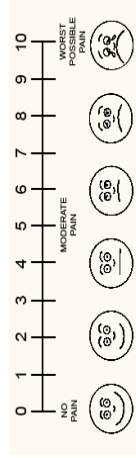
A/H 8378 2179

Name.....
DOB.....
Date Injection Administered.....

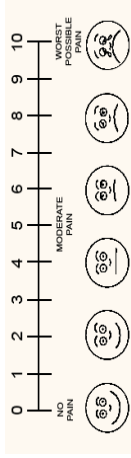
PAIN SCORE

To help gauge how effective your treatment was today and indicate what further treatment may be required please take the time to complete the following questionnaire and bring it with you to your next appointment.

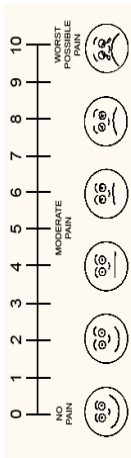
Prior to the injection you were given today how would you rate the pain in your affected shoulder? (Please circle the number that best describes the pain)



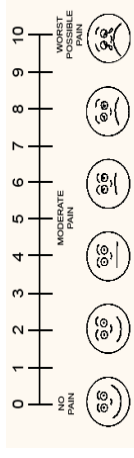
1 Hour following treatment how would you rate the pain in your affected shoulder?



1 Week following treatment how would you rate the pain in your affected shoulder?



4 Weeks following treatment how would you rate the pain in your affected shoulder?



Thank you

Patient information for Steroid Injections

Steroids are used to reduce inflammation which may be caused due to variety of diseases.

They are not specifically an analgesic, but work to reduce inflammation in a localized region and therefore hopefully reducing pain in the area.

The steroid is given via injection in a specific area affected by the pain.

These injections can reduce or even fully relieve any pain. The analgesic effect varies between patients and often more than one injection may be required.

It is a relatively safe medication that, is either administered by a Doctor in their rooms, or, can be administered under guidance during ultrasound.

The medication is mixed with local anaesthetic and injected into the area where pain is experienced.

Side effects of the medication are uncommon but can include; local bleeding from a broken vessels in the skin or muscle, soreness at the injection site, aggravation of inflammation of the injected site because