



GLENELG
ORTHOPAEDICS

Things to remember to bring to Hospital

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Things To Remember To Bring To Hospital

If immediately prior to surgery, you have any skin conditions(affecting the limb to be operated on), infections or you are generally unwell please let Dr Nimon's rooms know

You should have been given a list of what to bring with you to hospital. The list we have provided is only a quick reference guide. Please make sure you bring everything that is on the hospital information list.

Quick Reference

Any old Xrays or Scans

Any current medication you are taking including asthmatic puffers

Medicare and Health Care Cards

Toiletries

Clothes for hospital – if you are having upper limb surgery remember to bring something easy to get on and off (something with buttons or loose fitting top).

Reading glasses

Reading material if required

IMPORTANT If you are having surgery on your shoulder or hand it is essential you remove all rings from you hand.. You may need to go to jeweller to have them removed if you are unable to remove them. Please leave these rings off until at least your post operative appointment .

Please have nothing to eat or drink from 7am if you are having surgery after 12pm. Please have nothing to eat or drink from midnight if you are having surgery before 12pm.

If you are unsure please contact Dr Nimon's rooms for further information.